Cystic Fibrosis School Management Plan

This plan is designed to guide you in the management of students with cystic fibrosis (CF) at school. It has been developed in line with best practice guidelines, but should not replace regular communication with parent/carer.

Students with CF will be provided with an individual Student Action Plan which should be updated as information changes.

General Guidelines	
eLearning	Free online learning modules for school staff are available at CF Smart
Resources	Resources to support teachers and school staff can be found in the CF Smart Resources library
Policy and procedure considerations	• Sick students/staff/visitors to stay home if unwell • Ensure regular cleaning procedures are followed • Allow for self administration of medications including pancreatic enzymes and salt supplementation • Allow alternative drinks to be consumed at school e.g. electrolyte replacement • Allow student to leave the classroom to access toilets as needed
Curriculum considerations	• Good hand hygiene practices e.g cough and sneeze etiquette, hand washing • Germs and how they're shared • Nutrition – healthy diet for students with individual needs
School absences	Students with CF may have occasional absences for appointments and hospital admissions. PCH School Services can provide support during admissions.

Infection Prevention for CF Students	
Hand hygiene	• Ensure access to alcohol based hand gel or liquid soap, water and paper towels/air dryer for all staff, students and visitors • Encourage regular hand hygiene
Environmental risks	• Annual servicing and cleaning of evaporative airconditioning • Avoid stagnant water, mould and damp soil • Precautions may be needed to manage environmental risks e.g. water play, gardening, fish tanks, vases, certain excursions
Cross-infection between people with CF	• Multiple students with CF should not be placed in the same class • Ensure hand hygiene and cleaning of common areas/equipment is performed before and after use by CF student • Provisions for people with CF to maintain a distance of at least 4 meters at all times e.g. common areas, whole school events, excursions • Assign individual key contact person and location for each student with CF

Please contact Cystic Fibrosis WA at **education@cfwa.org.au** or on **08 6224 4100** to update plan or to request more information on the management of CF at your school.

SAMPLE