



ANNUAL REPORT

2025



**CYSTIC
FIBROSIS**

Western Australia



Our Vision

*Thriving individuals, families
and communities.*

Our Focus

We are working to improve the lives of people and communities impacted by cystic fibrosis, respiratory conditions, and rare disease.

We are focused on empowering and supporting individuals and communities through community based services, peer connection, education, advocacy and research.

Cover: Dustyn helped promote 65 Roses Day.
This page: Amelia (right) and Scarlet, CF "Kids Connect" participants.

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Acknowledgment of Country

We acknowledge the traditional owners of the country in which we live and work, and pay our respect to elders past and present for nurturing this precious land where we live, learn, and play.

We extend this respect to all Aboriginal and Torres Strait Islander people and extend our gratitude for their contributions to health and education.

Ongoing Community Need

Cystic fibrosis (CF) is a chronic life-limiting condition for which there is currently no cure. CF affects thousands of people around Australia, not just the individuals but also their families, partners, and carers.



Rare Disease Big impact

- Over **400 Western Australians** and nearly **3,800 Australians** live with CF.
- **1 in 25 Australians** are carriers of the condition. That's over **1 million people**, and most don't know it.



CF Impacts Daily Life

- CF causes a build-up of thick sticky mucus in the lungs, affecting breathing.
- **CF affects every cell in the body**, not just the lungs.
- CF treatments can take many hours per day, even when people are well.



New Treatments Not all Roses

- **Advances in treatment have improved lung function** and life expectancy for many, but they are not a cure.
- **Many people are not eligible** for these new treatments, can't tolerate side effects, or find them ineffective.



CF Presents Unique Challenges

- **CF is isolating.** People with CF are recommended to stay at least 4 metres apart from each other to avoid the transmission of harmful germs.
- **Anxiety and depression** are 2.5 times higher than the general population.

50 Years of Community, Connection, and Care

In 2025, we marked 50 years of community, connection, and care at CFWA.

We were proud to acknowledge this milestone alongside many of the organisation's founding members, (pictured) who worked to build the legacy that so many benefit from today.

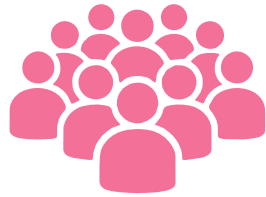
Whilst we celebrate great advances in treatment and care, there is still no cure for CF and much more work to be done.



Our Impact in 2025

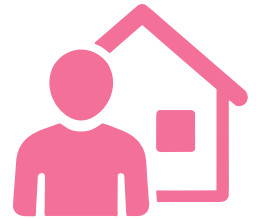
In 2025 we have made an incredible impact together. CFWA collaborates closely with local WA health networks, researchers and the national Cystic Fibrosis Federation. We advocate for access to new treatments and the best levels of care. We are proud to have achieved significant outcomes:

Community Connection



Expanded our online Connect program to new cohorts, with separate groups for kids with CF, young people (12-17), and their parents and carers.

Support at home and in community



We provided 1,783 support sessions in the home, including support with cleaning, treatment routines, exercise and respite.

Community Education



Educators in WA schools completed 272 online CF learning modules. We have worked with 42 schools and 193 teachers, providing support including face-to-face training and individual student action plans.

\$1.9m in CF research funding



\$1.9m in grants awarded in 2025 through The WA Cystic Fibrosis Research Collaborative Program, a co-funding partnership between the Future Health Research and Innovation (FHRI) Fund and CFWA, in collaboration Conquer CF.

Financial Support



We provided 876 subsidies to 234 people with cystic fibrosis, totalling over \$113,000 in direct financial support for equipment and essential needs.

Awareness and Advocacy



Spreading CF awareness by selling 26,000 roses and collaborating with the national CF community to help secure new treatments for over 260 Australian children.

Message from the President



Change has always been part of life with CF. But today, that change is bringing a growing sense of optimism for the future.

New treatments are rewriting what it means to live with CF, expanding possibilities in ways that would have seemed remarkable just a decade ago. But the work is far from done. Challenges persist and new ones are emerging.

In 2025, we leaned into the challenge of meeting the changing needs of the community. I am proud of what our team, community, and partners have achieved together.

The launch of the WA Cystic Fibrosis Collaborative Research Program stands as the defining achievement of 2025 and one of the most significant milestones in CFWA's history. This initiative, a partnership between the Western Australian Future Health Research and Innovation Fund and CFWA, in collaboration with Conquer Cystic Fibrosis, saw almost \$2 million committed to world-class research being

undertaken here in WA. Projects span across a range of disciplines, reflecting the diverse needs emerging in the CF population.

2025 also saw a major renewal of CFWA's resources, created with extensive community consultation to reflect the lived realities of community. We extended the reach of our support programs, financial and crisis support, grew our online peer connection, and strengthened our regional outreach and chronic wet cough health promotion. We also evolved our grant and fundraising initiatives to reach new audiences, broadening awareness of CF and strengthening the financial foundation that makes our work possible.

We welcomed three new Directors to the Board in 2025. Kate Bingemann, Laura Cardy, and Craig Spangler; bringing extensive commercial experience and valuable healthcare insight. Together with our existing Board, they bring both the rigour and the passion our vision demands. I am grateful to our Directors for the care and commitment they invest in CFWA's governance and future.

Our achievements wouldn't be possible without the extraordinary generosity of our volunteers, donors and long-term supporters and partners; the Health Department of Western Australia, Channel 7 Telethon Trust, the Rothwell Family Foundation, the Stan Perron Charitable Foundation, and Lotterywest. Your sustained belief in our vision is the bedrock on which everything else is built.

We look forward with confidence, purpose and deep gratitude. Every step forward brings us closer to our vision; Thriving Individuals, Families and Communities.

Change remains constant, but today it is progress that is shaping a brighter future for tomorrow.

Damien O'Reilly

President and Board Chair

Reflections from the CEO



In 2025, the CFWA team made great progress on several strategic initiatives.

The year began with a flurry establishing the frameworks for new CF resources and an expanded research program. By year end, we had awarded over \$1.9 million in CF research grants; and published an extensive new resource suite for community.

I would like to thank the CFWA team and Board for their contribution to project success, concurrently with maintaining ongoing services and events. This included meeting continued high demand for support at home (airway clearance, respite and cleaning) & financial subsidies to help individuals and families maintain treatment and healthcare. We also supported increased community connection through online forums for peer and special interest groups; face to face events for carers and family; outreach and regional support.

I am particularly proud of our team's commitment to regional communities, with 7 CF outreach trips undertaken,

95 regional teachers undertaking CF education; and over 3000 regional community members and health professionals receiving LungSmart education or information. The Lungsmart program brand was launched to better reflect our respiratory health promotion efforts empowering regional communities with information on chronic wet cough and respiratory infection.

It was also a pleasure to work with the Office of Medical Research to deliver close to \$2m in research grants through the WA CF Research Collaborative Program, in partnership with the Western Australian Future Health Research and Innovation (FHRI) Fund and collaboration with Conquer Cystic Fibrosis (CCF).

This breadth of activity was made possible thanks to a record 65 Roses Day, with 26,000 roses sold and over \$185,000 raised; generous donors to our Matched Giving Day; and community and corporate support of Sweatember and the Breathe Regatta. Individual community members also hosted a multitude of inspiring and successful community fundraisers.

In July 2025, we also acknowledged a major milestone - 50 years of community, connection, and caring since CFWA was founded by a group of parents and volunteers. It was an honour to recognise the hard work and courage of these founders and to thank longstanding CFWA staff and CF health professionals, researchers and supporters.

CFWA is committed to continuing your legacy as we work together to improve the lives of people and communities impacted by cystic fibrosis, respiratory conditions, and rare disease.

Lisa Bayakly

Chief Executive Officer

Treasurer's Report



In 2025, CFWA continued to maintain strong, sustainable financial management, essential in ensuring the organisation meets the current and future needs of the CF community it serves, and those impacted by other respiratory and rare diseases.

I am pleased to report that CFWA delivered a surplus of circa \$150,000 in 2025, while maintaining a strong equity position, with appropriate reserves for future investment in research and organisational growth.

Despite economic challenges and a cost of living crisis increasing support needs, CFWA forged ahead with new fundraising strategies and initiatives to mitigate risks, including:

- Strengthening fundraising relationships and diversifying opportunities through increased engagement with corporate

organisations, foundations and major donors

- Growing supporter engagement through new fundraising opportunities, such as the inaugural Breathe Regatta sailing event
- Placing a stronger focus on grants from established Trusts and Foundations which align with the organisation's strategy and fill program gaps
- Expansion of our flagship 65 Roses Day campaign to increase revenue

CFWA's year-end result was largely underpinned by positive movements in investment and interest income and expenditure savings relative to budget.

CFWA's financial results for 2025 include a record \$500,000 invested in the first year of new research grant activity supported through the WA Cystic Fibrosis Research Collaborative Program, a co-funding partnership between the Future Health Research and Innovation (FHRI) Fund and Cystic Fibrosis WA (CFWA), in collaboration with Conquer CF (CCF).

I would like to pay special thanks to our CEO, Lisa Bayakly, the CFWA team, and our many volunteers. We wouldn't have been able to achieve these outcomes without their continued dedication and support. I would also like to thank our Board President, Damien O'Reilly, and the rest of my fellow Board Members who generously donate their time, knowledge and wisdom to CFWA.

Finally, I extend my sincere gratitude to all of CFWA's supporters, echoing the thanks of our President and CEO. Your support has been invaluable and is greatly appreciated.

If you would like to know more about our finances, please visit www.cfw.org.au

Linda Smith

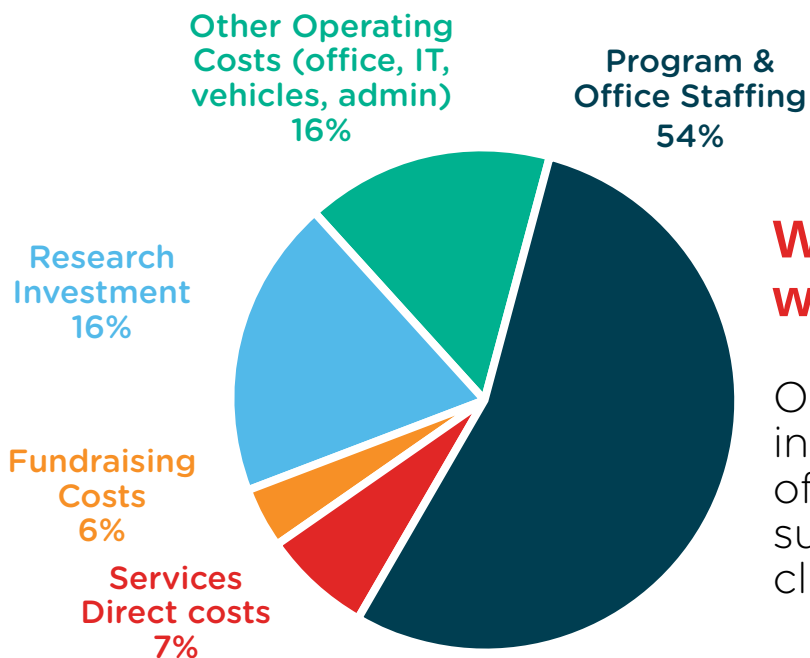
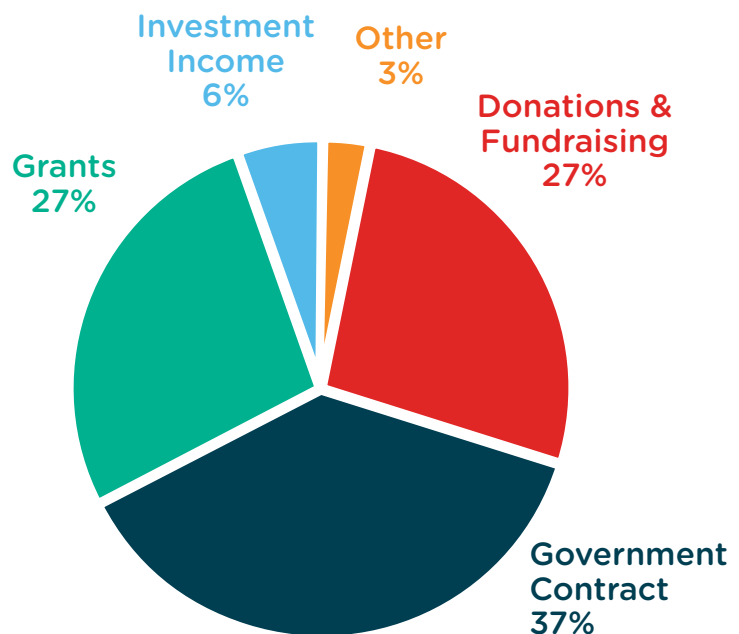
Treasurer

Financial Snapshot

Year	2024	2025
Total Income	\$2.57m	\$3.19m
Total Expenditure	\$2.24m	\$3.04m
Annual Surplus (deficit)	\$332,403	\$150,119
Total Equity	\$2.32m	\$2.47m

Where the funding came from

Over 50% of our income in 2025 came from fundraising efforts and securing grants and donations.



Where the money was spent

Our greatest spend is investing in our team of professionals and support staff servicing clients and operations.

Research Highlights

An Unprecedented Year in CF Research in WA

The WA Cystic Fibrosis Research Collaborative Program, a co-funding partnership between the Future Health Research and Innovation (FHRI) Fund and Cystic Fibrosis WA (CFWA), in collaboration with Conquer CF (CCF), transformed the landscape of CF research in Australia in 2025.

A record \$1.9 million, one of the largest funding pools dedicated exclusively to CF research, was allocated to nine high-quality projects led by WA-based researchers.



Some of the recipients of the record \$1.9m awarded CF research in 2025.

“A record \$1.9 million was allocated to nine high-quality projects led by WA-based researchers.”

Top-up scholarships for budding CF researchers

The program proudly supported two outstanding PhD students in advancing research in CF.

Sarah Thomas, a senior medical scientist at PathWest, is leading an innovative research project focused on developing a blood test that can accurately determine the optimal dosage of CFTR modulators for individuals living with CF. CFTR modulators are life-changing therapies that target the underlying genetic defect in CF, but their effectiveness can vary significantly depending on individual patient factors.

Talya Conradie, a researcher at The Kids Research Institute, is conducting a study to uncover how Azithromycin, a widely prescribed antibiotic for individuals with CF, influences lung health. While Azithromycin is primarily known for its antibacterial properties, emerging evidence suggests it may also play a critical role in shaping viral populations within the lungs and modulating inflammatory responses.



Sarah Thomas, senior medical scientist at PathWest.



Talya Conradie, a researcher at The Kids Research Institute

Fellowships to drive Innovation in phage therapy

Associate Professor Anthony Kicic and Dr. Yuliya Karpievitch from The Kids Research Institute were each awarded a prestigious Fellowship, collectively valued at \$900,000.

These fellowships focus on harnessing the potential of bacteriophages (phages), small viruses that specifically target and kill bacteria, to accelerate the development of phage therapy, a promising alternative to traditional antibiotics for combating chronic infections in high-risk CF populations.

Professor Kicic's research aims to establish a clinical platform for producing phage therapies that meet the highest standards of quality and safety. These processes will be rigorously tested and monitored, with findings shared with the Therapeutic Goods Administration (TGA) to support the integration of phage therapy into the healthcare system.

Complementing this, Dr. Karpievitch is leveraging artificial intelligence (AI) to revolutionise phage therapy for CF lung infections. Unlike antibiotics, the right phage must be precisely matched to the right bacteria, a process that traditionally takes weeks in a laboratory. Dr. Karpievitch is developing an AI-driven solution to reduce this timeframe to less than 24 hours, a critical step in preventing permanent lung damage caused by delayed treatment.



Associate Professor Anthony Kicic,
The Kids Research Institute



Dr. Yuliya Karpievitch, The Kids
Research Institute

Unravelling the mystery of antibiotics and phage resistance

Antibiotic-resistant pathogens, such as *Pseudomonas aeruginosa*, represent one of the most significant challenges in CF care. These bacteria not only resist conventional antibiotics but also employ sophisticated strategies to survive, including manipulating the immune system to produce 'cloaking' antibodies.

These antibodies mask the bacteria, allowing them to evade both traditional treatments and emerging therapies like bacteriophage (phage) therapy. To tackle this critical barrier, Dr. Renee Ng from The Kids Research Institute has been awarded the Research Innovation Grant. Her project aims to unravel the molecular and immunological mechanisms behind this cloaking process and develop targeted strategies to counteract it.



Dr Renee Ng, The Kids Research
Institute

Research Highlights

Empowering the people living with CF: Connected Care



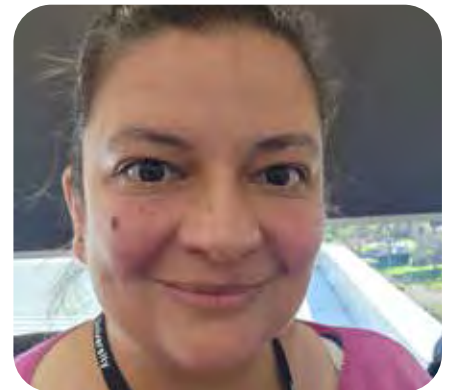
Dr Maggie Harrigan

Living with CF remains a lifelong challenge despite advances in treatment, underscoring the need for strong collaboration between patients, families and healthcare teams. The Partnership Enhancement Program (PEP), a model developed in the USA, focuses on fostering open dialogue between stakeholders in CF care. Dr. Maggie Harrigan (University of Western Australia), in collaboration with Dr. Judith Glazner (Royal Children's Hospital Melbourne) have been awarded a Research Innovation Grant to adapt PEP for Australian healthcare settings.

Dr Maggie Harrigan is also a former CFWA PhD top-up scholarship recipient and completed her PhD in 2025. She published her research on Trikafta and self concept in adults and presented at the CFNZ symposium.

Cardiometabolic health in people with CF in the CFTR-modulator era

Thanks to improvements in treatments, people with CF are now living longer, healthier lives. However, this progress has introduced new challenges related to aging, including increased risk of heart and metabolic complications. Dr. Sunaina Parsons has been awarded a Research Innovation Grant to lead a project focused on heart and metabolic health in adults with CF, studying how these conditions develop, tracking risk factors over time, and identifying early warning signs.



Dr. Sunaina Parsons

Determining liver disease severity in people with CF



Emeritus Professor George Yeoh

People with CF are living longer, healthier lives, but as they age they are at an increased risk of liver damage. Detecting this damage often requires a biopsy. Emeritus Professor George Yeoh was awarded an Innovation Grant to explore a safer alternative: using blood tests to measure biomarkers released by stem cells when the liver is damaged. This could help doctors detect liver disease earlier, monitor its progress and assess treatment effectiveness without repeated biopsies.

Research Highlights

Novel Therapeutics in treating persistent infection in CF patients

Dr. Kak-Ming Ling received a Collaborative Grant to join forces with leading researchers Dr. Dhammika Leshan Wannigama and Professor Hiroshi Hamamoto from Yamagata University in Japan. This groundbreaking international partnership will focus on Lysocin E, a novel antibiotic compound that shows promising activity against non-tuberculous Mycobacteria (NTM) lung infections, a severe and often treatment-resistant complication for people living with CF.



Dr Kak-Ming Ling

CFWA-Funded Research Updates

In addition to the research funded as part of the WA Cystic Fibrosis Research Collaborative Program, we received updates from several researchers that we previously funded as part of our regular PhD Top-Up Scholarship program.

Danni Li 2024 CFWA Top-Up Scholarship recipient

Danni is continuing her research into Trikafta use and safety in pregnancy and breastfeeding.

She has established preliminary data on safety of Trikafta to infants and is continuing to investigate its impact on CF pathology. Danni presented her preliminary results at the European CF conference.



Danni Li (left) with CFWA CEO Lisa Bayakly.



Jack Canning

Jack Canning 2023 CFWA Top-Up Scholarship recipient

Jack Canning, a PhD researcher in Wal-yan's Phage WA team, discovered a new species of bacteriophage (phage)- a microscopic organism that can help fight bacterial infections.

The newly identified phage, Karil-mokiny 1, targets Burkholderia cepacia complex, a rare but serious infection that is especially dangerous for people with cystic fibrosis and difficult to treat with antibiotics.

Services in the Community

2025 was a busy year providing support to individuals and families impacted by CF and other respiratory diseases.

A key focus in 2025 was adapting our support to the changing needs of the CF community. We strengthened our partnerships with Perth Children's Hospital (PCH) and Sir Charles Gairdner Hospital (SCGH), working together to develop resources and services that were impactful to clients and complemented the care provided at a tertiary level.

We received 307 new referrals in 2025, with 40% coming from PCH and SCGH and 56% coming from our CF community. Requests for financial support remained high, along with school education and practical in-home support. Referrals for children and families made up 68% of our total, with 22 young people referred for assistance with goal setting and career coaching, a new initiative developed to help plan for the future.



The office-based staff in our Services team.

"We are grateful for all services provided by CFWA. They truly take care of the whole family."

Our non-CF wet cough program grew significantly in reach and impact in 2025, including 22 trips to 18 locations that strengthened our collaborations with other providers in regional WA. Now operating under the "LungSmart" name which reflects a broader community audience, we developed new resources and continued to strengthen collaborations in regional areas to spread our wet cough message. This work is made possible with grant funding from Telethon and the Rothwell Family Foundation.

We are grateful for the ongoing support of our key partners, funders and stakeholders who enable us to deliver these vital support programs and help improve the lives of people in WA impacted by respiratory disease.

"The services provided by CFWA are excellent. It is fantastic to have their level of expertise to support my family"

Looking Forward - CF Futures



Our CF Futures Project, funded by Lotterywest is a suite of resources, developed in collaboration with community and health professionals, to address the evolving needs of many people living with CF in the modulator era.

CFTR Modulator medications address the cause of CF at a cellular level, and are significantly improving quality of life and other outcomes for many people living with CF, but they are not a cure. These new resources provide people with information and peer insights as they navigate this changing world.



Behind the scenes at the CF Futures film shoot. The online resources are complemented with a series of short videos covering different topics.

During the project we captured perspectives from community members and health professionals to understand their experiences across key themes including financial wellbeing, relationships, and body. The project was shaped in close partnership with our community, working with us to co-design resources that integrate lived experience, expert insights, and practical tools for people with CF navigating this new era. Resources consist of written information, community and health professional videos, practical tips and downloadable workbooks.

“I wish I had a crystal ball to foresee that I did in fact have a future.”
- Adult living with CF

Our first theme, **Financial Wellbeing**, was launched in 2025. The remaining two themes, My Relationships and My Body, were launched in 2026, alongside an animation developed to support adherence to maintenance therapy.

Over time, these resources will continue to expand and be regularly updated to ensure the information remains current and responsive to emerging needs.

Community Support

CFWA provide a range of community supports tailored to individual needs, including help with airway clearance or exercise in the home or community, as well as short term respite and cleaning during periods of acute change.

These services aim to ease the burden of care by offering regular assistance or short term support for those navigating challenging situations or transitions. Services are delivered through our CFWA community support workers and a range of third party providers.

“The respite service we get through CFWA is a huge help to our family!”

“As a mum with 2 children with CF, having access to support has been incredible and has enabled me to complete regular airway clearance with both children.”

Our support worker program remains a valuable in-home service with young families, many of whom have complex needs.

Our highly skilled and trained support workers provide a unique service supporting airway clearance and exercise while balancing infection prevention needs. They are a vital link to CFWA’s other services programs, keeping families informed and connected.

Community Support 2025 Snapshot

 1,308 Airway Clearance Sessions

 270 Exercise Sessions

 86 Respite Sessions

 119 Cleaning Sessions

Other Practical Support

In addition to airway clearance and exercise support, we provide a range of other practical support including care packs for hospital stays, food relief, and incentives and prizes to help promote treatment adherence.

41  **“Frog” Prizes**

Rewards for producing sputum samples or “frogs” to check for harmful bacteria in the lungs.

89  **Hospital Bags**

Activities and snacks delivered to people in hospital and families experiencing hardship.

“I was blown away by the support provided by the CFWA team.”

30  **Food Relief**

Including food boxes, Foodbank referrals and meal vouchers.

203  **Gifts & Prizes**

Gifts and incentives, including tickets to events and other prizes.

22  **Equipment**

To help with airway clearance.



We deliver care packs to people during a hospital stay.

Community Events

Due to the risk of cross infection, people with CF are unable to come together in person.

This has a detrimental effect on the whole family, who often feel isolated and alone. Our face-to-face community events provide opportunities for family members and carers to connect, share stories and build important social networks. We hold events for parents and carers, siblings, offspring and grandparents.

Sibs & Kids Camp



"CFWA provide a whole family service. From grandparents to siblings, parents with CF and Parents of people with CF. Everyone is seen."

Sibs Day Out



Men's Event

"Family life with CF can be stressful at times. This event was a great excuse to get out for the night and do something for myself."



Community Events



Ladies High Tea

"It was really great to connect with other mothers and children in the same situations and to hear of experiences. Thank you."



Grandparent's Morning Tea



Parent's & Carers Dinner



"The support makes such a difference in this journey. Thank you from the bottom of our hearts."

CF Outreach

Regional Support

Our regional support program aims to improve equity of access to a quarter of our CF community, who live in regional WA.

This program provides financial subsidy support, school and community education, face to face support from the CFWA team, online resources and health professional education.

Outreach visits provide essential opportunities to connect with our regional community, ensuring they feel supported and have access to relevant programs.

Health Professional Education

In 2025 Bunbury Regional Hospital hosted an education session for local health professionals to enable us to provide information on the current challenges and management of people with CF.

We were also given the opportunity to present to health professionals in Geraldton through the Geraldton Health Professional Network. These sessions were joint initiatives, covering both CF and chronic wet cough information. Feedback was extremely positive, with some health professionals reporting exposure to new information which would significantly change their management of children presenting with chronic wet cough.

2025 CF Outreach

7 Regional Centres

visited in remote WA, providing face to face support.



Over

\$32,000

in direct financial support provided to people with CF and their families in regional areas.



413

Occasions

of service provided to our regional CF community.



195

Educated

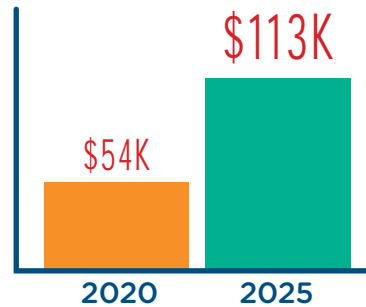
including health professionals, educators, and teachers in regional centres.

Financial Support

Since 2020, our subsidy program has grown significantly as we continue to respond to the evolving needs of the CF community.

The initial increase stemmed from support for COVID-related financial pressures and grew to include crisis support and subsidised mental health costs. A 2022 grant to offset CF-related diabetes expenses drove further growth, which has remained steady for the past three years. Our financial program focuses on easing the ongoing cost of CF care, helping individuals maintain consistent access to essential treatments and medical support that underpin their health and wellbeing.

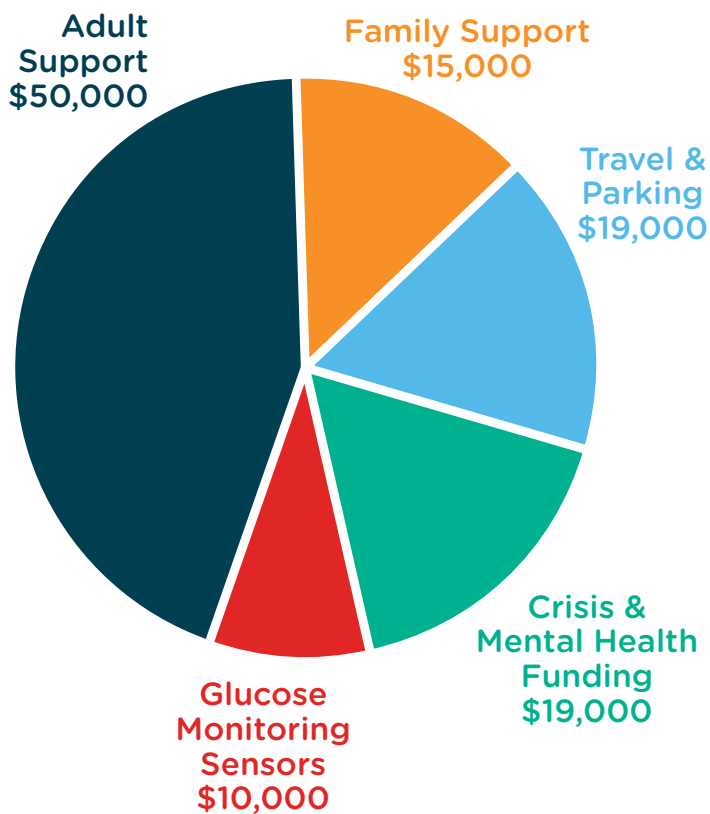
Annual Subsidies



Financial support has doubled since 2020.

In 2025 we provided over \$113K in direct financial support provided to people with CF and their families across WA.

2025 Subsidies



“Therapy is expensive and this helps to cover the cost and help me be a better carer.”

Mental Health Gap Funding for the whole family

We provide subsidies for community-based mental health support such as counselling that delivers significant benefit to the CF community by improving access to ongoing essential care within local community.

In 2025 we provided subsidies for 103 occasions of mental health support for people with CF, family member, and carers.

Community Connection

CF Connect was introduced as a pilot project in 2021 to reduce social isolation, build support networks and provide a safe space for peer support and community connection.

CF Connect Groups



Young children with CF aged 5-12.

25 Sessions

27 Attendees



Young people with CF aged 12-17.

16 Sessions

8 Attendees



Adults with CF, parents & grandparents.

16 Sessions

24 Attendees

Facilitated largely online, this program addresses the uniquely isolating experience of living with CF, where community members are unable to meet face to face due to the risk of cross infection.

“The CF Connect sessions have been so positive for my child. They love the interaction with the other CF kids.”



Emily (left) and Stella, the team behind our Connect groups.

From the initial group of kids in 2021, CF Connect has grown to include a range of groups, covering early childhood to adulthood, with over 209 occasions of support in 2025.

Some groups are small, providing a good opportunity for personal connection, while larger groups help members feel part of a like-minded community. Both are valuable and help meet the diverse needs of our CF community.

Online Resources

Communicating with our diverse community is essential to ensure they are well informed, connected and have information about the services and supports available to them.

In 2025 we strengthened our communication pathways, using different means of communication to meet the needs and preferences of the target cohort.

Tailored Newsletters

In 2025 we sent out 14 targeted 'ages and stages' newsletters to various cohorts within the CF community, detailing specific supports and services available to them. Community response to this communications approach was extremely positive, with a newsletter open rate well above industry average.

Social Media Engagement

Our CFWA Youth Instagram was relaunched in 2025, with the aim to specifically target youth with CF, young carers and other young people impacted by CF.

Our private Facebook groups offer a space for engagement, connection and somewhere to share experiences and seek advice from peers.

CFWA Youth	392
Adults with CF	105
Parents & Carers	166

2025 Online Engagement



53,700
Website
visitors



6,700
Resource
Downloads



5,500
Newsletter
Readers



7,900
Social
Followers



2,200
Instagram
Followers

Educational Resources

In 2025 we continued to ensure our resources remain relevant and up to date in the fast-changing CF landscape. Thirty factsheets were reviewed and updated to ensure they remain in line with the most up-to-date information.

Our CFSmart school resources were also reviewed and updated including 14 factsheets and our Starting School activity booklet.

Community Education

CF Smart is a national education program for teachers, parents and carers.

It aims to improve the understanding of CF within the school community, ensuring students and families feel supported and understood in terms of their health and emotional needs.

The team deliver face to face and remote education sessions and online learning through our CF smart platform. We work collaboratively with families to create individual CF Action Plans and work with schools to share our suite of resources including School Management Plans and educational fact sheets.

Online Group Education Pilot


In 2025 we piloted a new approach, holding an online group session early in the year for all teachers who have a student with CF in their school.


This session was well received and enabled us to broaden the reach of our education program, supporting more students and teachers in an efficient, effective way.

“Really helpful for us to understand more about CF to better support our new student.”

CFSmart Education Snapshot

14 
School
Management
Plans

272 
Online
Learning
modules

26 
Student
Action Plans

42 
Schools
Educated

193 
Teachers
Educated

LungSmart Health Promotion

CFWA has a history of supporting respiratory health awareness and education across WA.

In recent years, we have extended this to community health promotion to help ensure Western Australians have the knowledge and resources to support better lung health.

W is our current respiratory health promotion program, with a specific focus on chronic wet cough in regional indigenous communities.

Engagement with the LungSmart program continued to grow in 2025, enabling us to reach more regional communities with our message,

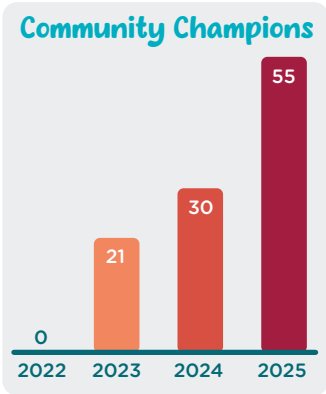
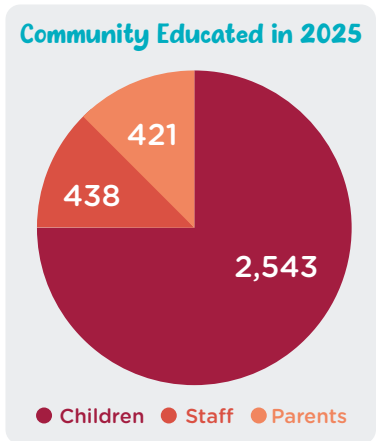
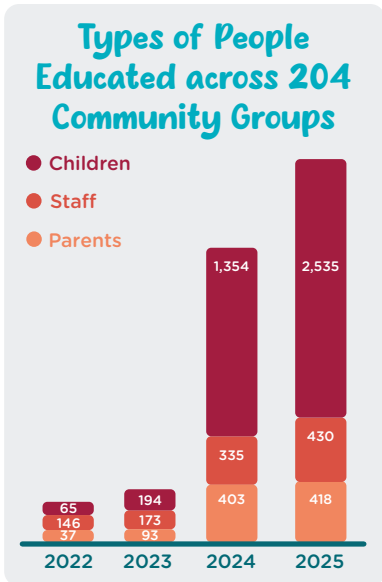
“If your little one has a wet cough for 4 weeks, get to clinic.”

This important message raises awareness of an ongoing wet cough as an indicator of infection in the lung, encouraging families to seek health care to prevent lung damage.

Working across WA, in collaboration with our community champions and other partner organisations, we were able to spread awareness to both community and health professionals, ensuring children with a persistent wet cough get the treatment they need.

“The session was very informative and had some good takeaway messages. Love all the resources.”

LungSmart 2025



1359

Resources Shared

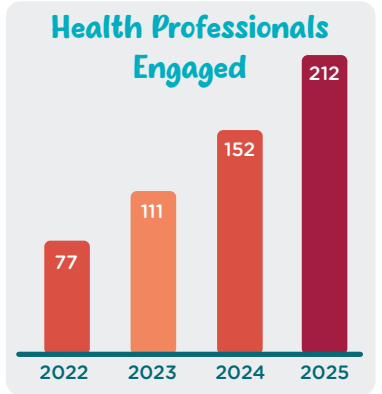
Wrist Bands, USBs, Books, Magnets, Resource Packs

22

Trips over 18 locations

23,000km Flown by Plane

5,100km Driven by Car



CF Advocacy and Awareness

CFWA is committed to ensuring equitable access to care, support and innovation such that West Australians with CF (and their national peers) can achieve improved health, wellbeing and life outcomes.

We collaborate with Cystic Fibrosis Australia, other CF organisations and community ambassadors to ensure a strong and credible voice to decisionmakers. Our collective advocacy helps ensure lived experience and consumer data meaningfully shape government policy, decision-making and service design; across four key areas.

- Consistent high-quality care
- Equitable access to government support
- Advancing research and therapies
- Empowering, inclusive environments



Community advocate Sophie (left) added her voice to the advocate for improved adult CF clinic facilities.

WA CF Adults Outpatient Care

In 2025, our advocacy continued for urgent replacement or upgrade of the Adult CF Outpatient clinic at Sir Charles Gairdner Hospital (SCGH), to cater for growing patient numbers in line with nationally accepted CF Standards of Care.

We facilitated consumer engagement with North Metropolitan Health Service (NMHS) to identify improvement areas and future needs. In a major milestone, NMHS tabled a business case aimed at securing Government commitment.

CFWA remains focused on ensuring the WA Government addresses this critical need for West Australian adults with CF.

Access to Diabetes Subsidy Schemes

Up to a third of adults living with CF suffer from diabetes however accessing financial support is difficult as cystic fibrosis-related (CFRD) is a lesser-known clinical type of diabetes.

Working with Cystic Fibrosis Australia and the CF Federation, we are advocating for access to subsidised diabetes management support for adults with CFRD including the Continuous Glucose Monitoring (CGM) subsidy.

Currently, only those with CFRD under 21 years of age are eligible, leaving an estimated 500 Australians with CFRD unable to effectively track and manage their diabetes without a significant financial burden.

Raising Awareness of CF

Timely Access to New Therapies

While CFTR modulators have enhanced expectancy and quality of life for many people with CF, they are not a cure and not all patients benefit. Together with the national CF Federation, we pursue timely approval and accelerated access to new, advanced therapies.

In 2025, advocacy contributed to a new listing of Alyftex on the Pharmaceutical Benefits Scheme (PBS) and expanded listing of Trikafta, granting access to hundreds more people with CF, including 45 individuals gaining access to a modulator therapy for the first time.

Many of these individuals have very rare gene mutations, with no effective treatment option previously.

Raising the Profile

We use opportunities throughout the year to secure media coverage that raises awareness of CF in the community. Here's a snapshot of some of the outcomes we achieved in 2025.

Health Policy and Research Environments

CFWA also pursues important policy reform on relevant topics through alliances with the Australian Council on Smoking and Health (ACOSH) and the Lung Health Alliance (where CF Australia represents the National CF Federation), including reducing second-hand smoke exposure; enhancing vaping control; and bolstering funding to research to address the significant burden of respiratory disease in Australia.




Junior ambassador Koah (right), who lives with CF, and his sister Mahli joined us on 65 Roses Day to help raise awareness of CF.

14 
Print

16 
Radio

131 
Digital

5 
TV

12.2m 
Reach

Fundraising Achievements

With the support of many generous individuals and organisations in the community, we raised over \$860,000 in fundraising income in 2025.

Key highlights for the year included:

- Record results for 65 Roses Day, with 26,000 roses sold and over \$185,000 raised from rose sales, donations, and other fundraising.
- Launched Sweatember, a new national fundraising event.
- Raised over \$67,000 through our Matched Giving Day
- Hosted our first Breathe Regatta, a sailing event on the Swan River.



Our inaugural Breathe Regatta pitted our corporate supporters against each other for some friendly rivalry on the high seas!

2025 Fundraising Snapshot

3,200
Donations



\$862,000
Raised



Over 100 volunteers from corporate groups and the community helped us wrap the 26,000 roses for 65 Roses Day.



Individuals and organisations from all over WA support 65 Roses Day.

65 Roses Day

65 Roses Day, our major fundraising event, grew even bigger and better in 2025.

Thanks to the support of our wonderful community of volunteers, long-term event partner Wafex, and the generous contributions of our corporate supporters, we sold 26,000 roses and raised over \$185,000!

Thank you for making 65 Roses Day a Success!



Over 40 volunteers helped us deliver roses and bouquets in Perth and surrounding areas.

This year's event was filled with inspiring moments and record-breaking support, with more roses wrapped, bouquets sold, and virtual roses planted than ever before!

Thank you to the hundreds of community members, volunteers and supporters who joined us throughout the week.

Each year, we are blown away by the support of our CF community, wider

community and the local organisations that are ready and willing to lend a hand in any way possible. Your efforts have not only helped us reach our fundraising goals but have also raised awareness about the important work we do.

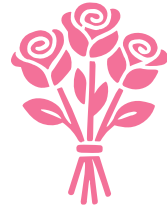
In total, we raised over \$185,000, including over \$37,000 from our Virtual Rose Garden, with over 700 beautiful roses planted!

65 Roses 2025 Snapshot

26,000
Roses



600
Bouquets



\$37K
Virtual Roses



\$185K
Raised



250+
Volunteers



Major Events & Campaigns

Breathe Regatta

In 2025 we launched a new event, the Breathe Regatta. This sailing event was an opportunity for our corporate supporters to get a team of colleagues or clients together for an exciting day out, while supporting CFWA at the same time.

We had an incredible day on the water filled with energy, friendly competition and plenty of team spirit at our inaugural Breathe Regatta. We loved seeing our CFWA team, supporters and CF researchers all come together for this special event.

Congratulations to our winners, Beyond Bank and friends, and to Pitts Design and Construction for a close second!

Thank you to the many businesses who supported us and of course our sponsors; Pitts Design & Construction, Aerodrome Management Services, KPMG Australia, Beyond Bank, Trident Insurance and our event partner Swan River Sailing for making this day possible. Your support has made a difference to families living with CF.



The Beyond Bank corporate team at the helm.



The AMS team learning the ropes from one of the seasoned professionals

Sweatember

Sweatember was another new initiative in 2025. This national initiative asked community to “Sweat it out for CF” in September, while raising funds for CFWA.

We had a great time getting the whole team involved with an office walk.

Special thanks to one of WA’s top fundraisers, Denzel. Denzel is 7 years old, and took on the Sweatember Challenge for a very special reason. His good friend Beau has CF, and he’s Denzel’s biggest inspiration.



Denzel (left) with his friend Beau, who lives with CF.

Major Events & Campaigns

Matched Giving Day

Our Matched Giving Day featured our super cute ambassador, 3-year-old Marshall and raised over \$67,000.

In 2025 we were excited to be able to make an incredible quadruple match for these Giving Day donations.

Thank you to all of our amazing matching partners Rothwell Family Foundation, Mimi and Willy Packer, The Craigue family and friend of CFWA, Ros.

Funds raised were committed to research, and matched again by the Western Australian Future Health Research and Innovation (FHRI) Fund through the Co-Partnerships Program.

We are proud to support world-class research here in WA that will change lives.



Thank you to Marshall and his family for generously sharing your story!



Max and his mum, Zoe, shared their story for our Tax Appeal. Thank you!

Appeals

Tax Appeal

Max and his mum Zoe featured in our Tax Appeal, telling us about Max's days and showing us what a great kid he is! Life for kids with CF isn't normal, but we are determined to help them achieve their hopes and dreams!

Thanks to generous donations from the community, we raised over \$42,000.

Christmas Appeal

Our Christmas Appeal told Piper's story, where mum Hailee told us about their Christmas wishes.

Piper was wishing for fun gifts, her family just hope for more normal days, more laughter, more moments when CF takes a back seat and they can simply live and enjoy life together.

This appeal raised over \$10,000 thanks to support from our community.

Community Support

Support from individuals in the community continues to provide a significant contribution to our overall fundraising total and helps raise valuable awareness of CF in the wider community.

Here's a snapshot of some of the incredible support we received from community fundraisers in 2025.



Murph Challenge

\$13,598 raised

Danny McNally and Mike Cahill of CrossFit SHP have once again rallied their community to take on the Murph Challenge in support of people living with CF.

Held at their gym in Wangara on 29 March, this year's fundraiser was a true test of mental and physical endurance, with participants completing a 1.6km run, 100 pull-ups, 200 push-ups, 300 squats, and another 1.6km run; all while wearing a 9kg weighted vest!

Thanks to the amazing efforts of the CrossFit SHP community, an incredible \$13,598 was raised on the day.

A special shoutout to Mike, who not only helped organise the event, but also completed the full Murph Challenge himself – all while living with CF.



HBF Run for a Reason

\$28,700 raised

97 incredible runners laced up for Team CFWA in the HBF Run for a Reason, raising over \$28,700 to support people living with cystic fibrosis.



Kate's Dinner Parties

\$4,743 raised

Every May, Kate hosts a series of dinner parties, cooking every dish herself, to raise funds for CFWA. Since 2021, Kate has raised over \$21,500 to help other families like hers!

Community Support



Corporate Battle of the Bands

\$6,826 raised

Organised by Cove Legal's Roger Blow, the 2025 Corporate Battle of the Bands brought together corporate bands for a night of music, competition and community spirit, raising funds for Cystic Fibrosis WA and Youth Focus, thanks to the generosity of attendees, performers and donors.



Eric & Ronnie's Containers for Change

\$10,882 raised

Long-term supporters Eric and Ronnie raised over \$10,000 in 2025 by collecting tins cans and bottles and depositing the funds to CFWA.

The pair have now raised over \$90,000 for CFWA through a variety of fundraising initiatives!

Volunteers

We have a large group of volunteers who make an invaluable contribution to our work every year, helping us keep our costs low and maximising the impact of our support programs. Thank you to each of you for the time you have given in support.

Thank you in particular to Ron and Adrienne, who volunteer every week to facilitate our collection tin program.

Volunteer Team

250+
Volunteers



900+
Hours given



Collection Tins

\$13.8K
Funds raised



143
Locations



Grants

Telethon



We were thrilled to have received Telethon funding for two programs again this year, enabling us to expand reach and impact.



Some of the CFWA team at the Telethon Family Festival. We were proud to be counted among the beneficiaries once again in 2025.

Thriving Families by CFWA enhances the physical and mental well-being of vulnerable and regional children with cystic fibrosis (CF) and their families. It increases equitable access to CF care, therapy, support services, and respite for caregivers, providing regional outreach and financial assistance, while addressing diverse socioeconomic and geographic needs.

LungSmart elevates respiratory health awareness in regional Aboriginal communities by educating families and communities to recognise and seek care for children experiencing wet cough. It enhances health professionals' ability to diagnose and treat respiratory infections, lessening lung damage and promoting positive health outcomes.

Lotterywest



In addition to funding the CF Futures pilot, which has continued through this year, Lotterywest funded our annual Young Carers' Camp once again in 2025.

The "Sibs & Kids" Camp provides vital respite for vulnerable children who help care for their siblings with cystic fibrosis as well as children whose parents have CF.

By acknowledging them as young carers and offering support, we improve their wellbeing, promote better health outcomes and address their significant life challenges.



Our annual "Sibs & Kids" camp is an opportunity for young carers to build relationships with their peers.



Our "CF Futures" resources were made possible with generous support from Lotterywest.

Grants

Stan Perron Charitable Foundation

Stan Perron Charitable Foundation has a long history of supporting CFWA to deliver services such as direct care, peer support programs and psychosocial support, with the addition of regional outreach and financial aid to those more vulnerable in regional or lower socioeconomic backgrounds.

Thanks to their regular funding we can use a targeted, holistic approach by supporting family units including siblings and parents to better improve the wellbeing of children living with CF.

This year they have generously supported a second grant to drive LungSmart's Strategic Expansion, ensuring sustainable growth through a structured review, a 3-5 year strategic plan, and enhanced branding and educational materials to improve cultural relevance and accessibility.



Michelle (right) and Emily, on a regional outreach trip.

Rothwell Family Foundation

Another long-term generous supporter, the Rothwell Family Foundation is a key funder for the LungSmart project.

We have grown our capacity again through the year and have made an incredible impact, engaging with over 3,000 regional community members.

Volunteering WA

Thank you to Volunteering WA for helping us celebrate the fabulous work of our army of volunteers on Rose Wrapping Day. The grant helped us to provide a tasty lunch, keeping everyone full of energy for the epic task of wrapping 26,000 roses.



A grant from Volunteering WA helped us feed the 100+ volunteers on 65 Roses Wrapping Day.

Toybox

In 2024/25, we received Toybox funding for our Regional Respite Pilot Program, enabling us to support people with bronchiectasis and PCD, as well as our regional CF community. Thanks to this funding we were able to deliver 236 occasions of support to regional families.

LungSmart Launch

With generous support from the Stan Perron Charitable Foundation, we developed our “LungSmart” brand and logo in 2025, to sit alongside our CFWA brand.



The LungSmart logo, developed using elements of WA artist Rhianna Couzens’ artwork. See the back cover of this report for the stunning original work.

What is LungSmart?

The aim of the LungSmart brand is to improve recognition of our program within our target communities and distinguish the focus on chronic non-CF respiratory disease.

We commissioned an artwork by indigenous artist Rhianna Couzens to represent the LungSmart story and message. It reflects walking alongside children, families, Elders, and communities to raise awareness of chronic wet cough and chronic lung conditions.

The artwork was used to create the LungSmart logo, launched in 2026.

As part of this project we are also undertaking a strategic review of LungSmart, to guide future growth and develop priorities for reach, engagement, and partnerships.

LungSmart Reach

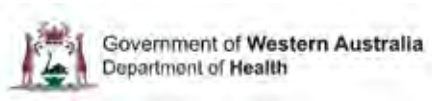
In 2025 we distributed more than 1,300 LungSmart resource packs across Western Australia.

This is an 85% increase from the previous year, extending the wet cough message to even more regional communities.



A selection of the new LungSmart resources.

Valued Partners & Sponsors



Rothwell Family Foundation



The Pratt Family Foundation



Packer Family



Craigie Family



Our People

We are a diverse team of professionals working to provide support, education and raise awareness of CF in the wider community.

Board

Our board is comprised of a dedicated group of highly skilled directors with varied backgrounds. They volunteer their time and expertise to provide strategic direction to the organisation.



Damien O'Reilly
President



Marija Andacic
Vice President



Linda Smith
Treasurer



Rowena Smith
Board Member



Ingrid Laing
Board Member



Steffan Crausaz
Board Member



Sally Rose
Board Member



Laura Cardy
Board Member



Craig Spangler
Board Member



Kate Bingemann
Board Member

Our People

CFWA Team

The CFWA team is made up of a diverse group of professionals across a range of disciplines. The office team (pictured) facilitate support programs and secure funding, and our community support team deliver in-home support across the Perth metro area.



Volunteers

Our team is supported by two volunteers who regularly give their time to help us maximise our impact



Ron Gray
Volunteer



Adrienne Thomas
Volunteer



WA artist Rhianna Couzens' artwork, capturing the story of our LungSmart health promotion journey; working with families, children, Elders and communities across regional Western Australia.

Cystic Fibrosis WA

ABN: 19 156 339 182

The Niche, Suite C, 11 Aberdare Rd
Nedlands WA 6009

T: 08 6224 4100

E: info@cfwa.org.au

W: www.cfwawesternaustralia.org.au

