## **CF FACTS**

Fundraising events are a great opportunity to share knowledge and awareness of CF. Here are some facts you can share when promoting your fundraiser, every bit of awareness helps!

## **Quick CF Facts**

- Cystic fibrosis (CF) is a recessive genetic condition which primarily affects the respiratory and digestive systems.
- In people who have CF, mucus in the body becomes thick and sticky and builds up in organs such as the lungs and pancreas.
- In Australia, 1 in 25 people carry the CF gene – that's more than 1 million people
- Treatment can take between 1 hour to 4 hours a day and include medications, physiotherapy, exercise and a high calorie diet.
- Currently there is no cure for CF

## **How the Funds Help**

- \$25 could help provide a hospital care package to help a family cope with a long admission.
- \$65 could fund an in-home physio session for a child living with CF.
- \$100 could help cover parking and travel expenses for regional families visiting the hospital.
- \$200 \$200 could fund a term of resources for CF Kids Connect.
- **\$1500** \$1500 could buy a nebuliser.

## **About CFWA**

CFWA is a not-for-profit organisation that provides essential support services and funds critical research to improve the lives of children and adults living with cystic <u>fibrosis in WA</u>. We also strive to create awareness about CF in the community.

With generous support from the community through fundraising and donations we are able to provide a range of services including; home support, financial subsidies, peer connection, education and resources.