



GOAL SETTING PROGRAM

Do you want support with setting and achieving personal goals?

Our new Goal Setting Program is perfect for individuals aged 13+ who are seeking guidance, assistance and financial support to stay on track and achieve goals for the future.

GOALS MAY BE RELATED TO:



EDUCATION



WORK SKILLS



PHYSICAL **ACTIVITY**



LIFE SKILLS

The program includes individual sessions with our psychosocial team to keep you on track, as well as financial assistance where required to help you reach your goals.

MORE INFORMATION

Talk to your CF social worker for a referral or contact CFWA for more information. Funding is limited.

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