



# Support Services for Adults

CFWA is here to provide support and resources to assist adults with CF and their families throughout WA. We have a range of services available as outlined below.

Please contact our Services team for more information.

## Adult Support

- Home support including:
  - Airway clearance and exercise routines
  - Short term cleaning and respite
- Psychosocial support
- Hospital support

## Peer Connection

- CFTalk Adults- Private Facebook group
- Community stories
- Online exercise group for adults with CF

## Financial Support

Financial subsidies are available to help with a range of CF related expenses for individuals experiencing financial hardship.

## Resources and Information

- Factsheets, flyers and videos
- Regular eNewsletters
- Official Facebook and Instagram
- CFWA website

**Contact our Services team to discuss how  
we can support you (08) 6224 4100**

