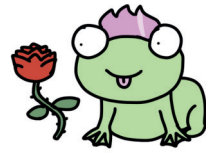


AVATAR COLOURING IN

CHECK OUT THE AWESOME AVATAR,
FLORIAN THE FROG, DESIGNED BY VICTOR!

CAN YOU COLOUR IN FLORIAN'S HABITAT?



Florian the Frog



BY VICTOR



Email a photo of your finished design to
mel.tibbitt@cfwa.org.au for the chance to win a prize!



TERM 2 2024 NEWSLETTER

Hi kids and happy holidays! Welcome to our second CF Kids Club newsletter – you will get one every school holidays – so keep an eye out for them when school wraps up!

What a fun term 2 we had with our CFKids Connect sessions. I hope you were able to join some. We got creative and made Mothers' Day cards with our older kids, we celebrated International Environment day with crafts galore with the younger kids and we had some challenging LEGO builds – didn't we older kids?! – and a fantastic turn out for our BAKE OFF! Thanks all so much for joining in this term. Its ALWAYS great to welcome you to the sessions.

I'm looking forward to welcoming you to our sessions next term! Have a fun school holidays!



TIPS FOR TABS

We asked some of our older CFYOUth members to give us some tips on tablet taking. Here's what they suggested:

- I have these mini zip lock bags and put them in my lunch box or my hand bag with my tablets in them.
- Have tablets at meal times so it becomes part of your routine.
- Use alarms (I use my watch) to help you remember to take your tablets.
- Try practicing by swallowing small sweets as tablets.
- Keep practicing- it helps lots.



HAPPY BIRTHDAY

Check out our birthday club members this term!

SENDING BIRTHDAY WISHES TO

- Grace turned 9 yrs on 25 May
- Esme turned 6 yrs on 7 June
- Amelia turned 8 yrs on 8 June
- Norah turned 8 yrs on 15 June
- Stan turned 4 yrs on 29 June
- Roxane turned 8 yrs on 30 June



GRACE



ESME



AMELIA



NORAH



STAN



ROXANE

65 ROSES DAY- ZARA

For 65 Roses Day I was not able to raise money at school for CFWA, but I did raise awareness by handing out rose colouring in sheets and we had 65 roses on the glass window with my newspaper article in the middle so people could read about what it is like to have CF and how our families are supporting CFWA.

I also handed out red rose hair clips to my homeroom and teachers.



Zara in the local newspaper and at school on 65 Roses Day



MEET THE MEMBER- CHARLOTTE



Charlotte was named Ambassador for the PCH Foundation "Move to Improve" program which aims to encourage more kids to get involved in sport. Part of being ambassador meant Charlotte got 8 free surfing lessons and learnt to surf down at Leighton beach!

Her role as Ambassador for "Move to Improve" meant she got to attend the start and finish of the Port to Pub swim - where fantastic swimmers swim from Fremantle all the way to Rottnest! Charlotte got to meet the "Subi Sistas" who are Chelsea, Bianca and Rebecca - swimmers representing Australia in the 2024 Olympics! Charlotte watched them take off from Fremantle, then she hopped on a ferry to Rotto and met them at the finish line, handing out medals to all the swimmers! She also got to meet a quokka on Rotto too! And named him Mr Q!

We're super proud of you Charlotte for learning to surf, for being active and for working on being fit and healthy AND for being a great Ambassador for "Move to Improve". Well done!



COLOURING COMPETITION WINNER- RUBY!

Congratulation to Ruby who was the winner of our term 1 colouring in competition. Check out her awesome design!

Ruby was sent some LEGO roses for her awesome effort.

Make sure you enter this competition by colouring in Florians's habitat on the back page for your chance to win a prize!

