

Support Services for Adults



CFWA is here to provide support and resources to assist adults with CF and their families.

We have a range of services available as outlined below. Please contact our Services team on services@cfwa.org.au for more information.

Adult Support

- Home support including:
 - Airway clearance and exercise routines (metro only)
 - Short term cleaning and respite
- Social work and mental health support
- eFlow nebuliser accessories

Peer Connection

- Access to private Facebook group; [CFTalk Adults](#)
- Online [community stories](#)
- CF Connect: online connection with other adults as requested
- Online [exercise group](#) for adults with CF

Financial Support

CFWA [financial subsidies](#) are available for individuals and families in need. They include:

- Travel and parking subsidy to attend CF hospital appointments and admissions
- Adult support subsidy
- Diabetes sensor subsidy
- Hospital transition subsidy

Additional support is also available for those experiencing a financial crisis or extreme hardship.

Resources and Information

- [CFWA website](#)
- [Regular eNews](#)
- [Factsheets and resources](#)
- Official [Facebook](#) and [Instagram](#)

Please contact our Services team to discuss ways we can help support you (08) 6224 4100

