

CF Kids CONNECT



TERM 1 2024 NEWSLETTER

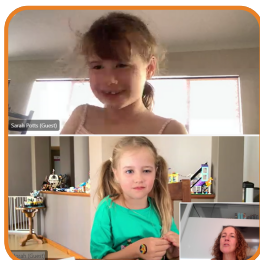
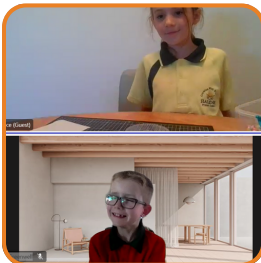
CF KIDS CONNECT TERM 1 WRAP UP

Hi Kids! Welcome to our all NEW CF Kids Club newsletter. How exciting is this? I hope you enjoy it as much as we have enjoyed putting it together!

Our CF kids Connect sessions have been lots of fun this term. We had lots of creative action with melty beads, modelling clay and colour by numbers! PLUS some super hard mini LEGO that stumped most of the older kids. Well done to Blake and Caitin who completed the VERY hard koala LEGO.

Thanks for bringing along your puppy dogs to say "hi" and for always being happy to chat and be involved. It's BRILLIANT to connect with you all.

See you next term! From Mel 😊 and the CFWA team



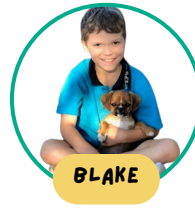
HAPPY

BIRTHDAY

LOTS of birthdays for our Connect Club members this term.

SENDING BIRTHDAY WISHES TO

- Blake turned 9 yrs on 19 January
- Liam turned 8 yrs on 21 January
- Max turned 8 yrs on 7 February
- Zara turned 12 yrs on 13 February
- Ruby turned 8 yrs on 16 February
- Willow turned 6 yrs on 6 March



MEET THE MEMBER- OLI

Hi! My name is Oli and I am 10 years old



LOVES

Soccer, running, surfing, BMX riding & playing Switch

FUN FACTS

- I completed the 4km City to Surf last year. I plan to complete the 10km City to Surf this year!
- I beat the fastest kid in school this term in the 400m sports carnival race and came 2nd place!
- I am a goalie and defender for Swan United soccer club.
- I have a Youtube channel - @oliadventures7 - and post BMX stunt videos, soccer videos and surfing videos on here. My aim is to have 1 million subscribers and to be a famous Youtuber!

YEAR OF THE FROG

Have you seen lots of frog items around clinic lately? Maybe you watched the new *How to Catch Your Frogs* video at home?

The Year of the Frog is all about helping kids with CF collect sputum samples 4 times a year. These samples help your CF team keep your lungs healthy and strong.

Make sure to collect your Frog Passport next time you're at clinic. When you fill the passport, you can collect a prize from CFWA!



ASK YOUR PARENTS TO SCAN THE CODE BELOW SO YOU CAN WATCH THE NEW FROG VIDEO

SCAN ME



SCHOOL HOLIDAY IDEAS WITH THE POTTS KIDS



- Visit your local park & collect feathers
- Freestyle Lego- build with your eyes closed!
- Go for a run or a scoot
- Play tag in the backyard
- Get creative & do some drawing
- Rest in your bedroom
- Visit your local pool
- Play a game

And one idea from Mel...do some baking!



EASTER WORD SEARCH



S	B	M	A	L	R	E	T	S	A	E	C
G	N	E	T	A	L	O	C	O	H	C	A
H	O	T	C	R	O	S	S	B	U	N	S
X	C	H	I	C	K	E	N	S	I	R	I
G	S	L	I	D	O	F	F	A	D	Z	T
N	T	S	S	T	E	K	S	A	B	H	S
I	N	G	G	E	R	E	T	S	A	E	U
R	U	E	Y	V	R	A	B	B	I	T	N
P	H	D	U	C	K	L	I	N	G	S	D
S	J	E	L	L	Y	B	E	A	N	S	A
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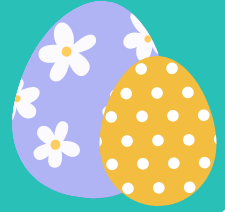
BASKET
BONNET
EASTER EGG
HOT CROSS BUNS
CANDY
HYACINTH

IRIS
CHICKEN
CHOCOLATE
JELLYBEANS
DAFFODILS
LAMBS

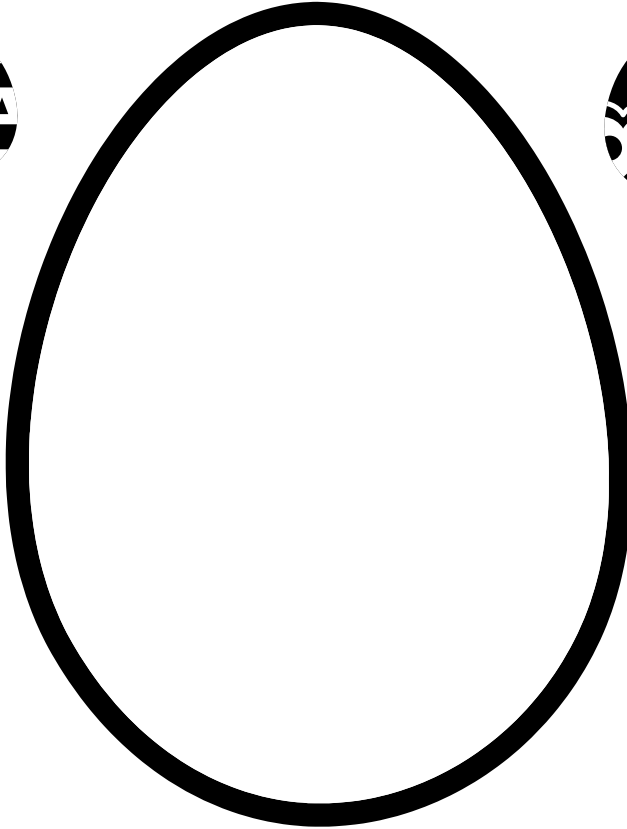
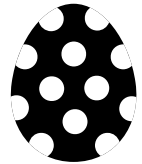
RABBIT
DYE
DUCKLINGS
SPRING
EASTER
SUNDAY



DRAW YOUR OWN EASTER EGG



USE COLORS, LINES, SQUIGGLES TO DRAW
YOUR OWN BEAUTIFUL EASTER EGG



THIS IS _____ 'S EASTER EGG

Email a photo of your finished design to
mel.tibbitts@cfwa.org.au to win a prize!