



# **Carers**

A carer includes anyone who takes on a caring role of someone with a disability or illness. Caring may include help and support in any of the daily activities of the person being cared for. Commonly, carers are responsible for the management of medications, and provide emotional, social or financial support.

If you are caring for someone with CF, you are considered a carer, and are entitled to access various supports. Carers may be parents, grandparents, partners, siblings, offspring and other.

## **CFWA Support**

CFWA offer a range of support services to carers, including:

- <u>Financial subsidies</u> to assist with the costs associated with living with CF.
- Community Support Workers who can provide in-home assistance with airway clearance, nebulisations and practical support.
- <u>Parents and Other Carers</u> webpage with carer stories and information for CF carers.
- A range of annual <u>peer support</u> <u>events</u> designed to engage and connect carers.
- <u>Psychosocial team</u> who can provide a broad range of psychosocial support and occupational therapy.
- Support to <u>regional families</u> including community education and peer connection.
- A huge range of <u>information</u> resources.



#### **Centrelink Services**

Centrelink have a few allowances which some carers may be eligible to access:

- <u>Carer Allowance:</u> For people who give additional daily care to someone with a medical condition or disability.
- <u>Carer Payment</u>: An income tested benefit. The recipient must reach a qualifying score to determine eligibility.
- <u>Carer Supplement:</u> An annual \$600 payment for recipients of Carer Allowance or Carer Payment for each person supported.
- <u>Carer Adjustment Payment</u>: A one off payment to assist families following a catastrophic event where a child younger than 7 is diagnosed with a severe disability or severe medical condition.

### **Other Support Organisations for Carers**

- Carers WA offer a range of services for carers.
- <u>Young Carers Program (Carers WA)</u>- Support for young carers aged 8-25, including social and wellness events and peer support groups.
- <u>Little Dreamers</u>- Australia's leading Young Carer organisation, offering dream experiences, mentoring and tutoring programs, support and more.
- <u>Kalparrin-</u> Based in PCH, they support families raising children with additional needs to access information, services, peer support, in-hospital support and fun events.

#### **Useful Resources**

- Parents and Other Carers (CFWA)
- Carer Gateway
- Young Carers Network
- CFWA Factsheets

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