

Cystic Fibrosis School Management Plan

This plan is designed to guide you in the management of students with cystic fibrosis (CF) at school. It has been developed in line with best practice guidelines, but should not replace regular communication and advice from the parent/carer of a student with CF. With a little bit of planning and good communication, CF can be successfully managed at school.

Students with CF will be provided with an individual Student Action Plan which should be updated regularly. Any change in student's symptoms must be communicated to the parent/carer.

General Guidelines

eLearning	Free online learning modules for school staff are available at CF Smart
Resources	Resources to support teachers and school staff can be found at School & Community Education CFWA
Policy and procedure	<ul style="list-style-type: none"> • Sick students/staff/visitors to stay home if unwell • Ensure adequate ventilation and regular cleaning of school environment • Medication – allow for self administration of medications including pancreatic enzymes and salt supplementation • Allow alternative drinks to be consumed at school (eg. electrolyte replacement) • Toileting – permission to leave the classroom as required • Allow access to fridge if required
Curriculum – the following topics should be included in classroom teaching	<ul style="list-style-type: none"> • Hand hygiene • Cough and sneeze etiquette • Social distancing • Safe sharing of equipment • Avoid sharing food and water bottles • Nutrition – healthy diet for students with individual needs
School absences	Students with CF may have frequent absences for appointments and hospital admissions. PCH School Services can provide support during admissions.

Infection Prevention and Control – Students with CF are more vulnerable to infections

Hand hygiene	<ul style="list-style-type: none"> • Ensure easy access to alcohol based hand gel or liquid soap, water and paper towels/air dryer for all staff, students and visitors in the school • Encourage hand hygiene before and after recess, lunch, toileting and shared activities for all students and staff
Environmental risks (See individual Student Action Plan for details)	<ul style="list-style-type: none"> • Annual servicing and cleaning of airconditioning • Avoid uncovered stagnant water (fish tanks, vases, bird bath, ponds, lakes) • Precautions around damp environments (compost/mulch, damp soil, swimming pool change rooms)
Cross-infection between students with CF	<ul style="list-style-type: none"> • Students with CF are not to be placed in the same class • Provision to maintain social distancing of at least 4 meters from other students with CF (common areas, school events, toilets) • Assign individual key contact person and location for each student with CF • Ensure hand hygiene and cleaning of shared areas/equipment is performed before and after use by student with CF

Please contact Cystic Fibrosis WA at education@cfwa.org.au or on **08 6224 4100** to update plan or to request more information on the management of CF at your school.