


Cystic Fibrosis Action Plan

For day-to-day management of your student with CF

<p>Student name and photo</p> 	<p>This plan details the individual needs of Child's Name at school. It has been developed with input from the parent/carer and CF team and is intended to be used as a guide. It does not replace regular communication with parent/carer.</p> <p>Any change in Child's Name symptoms must be communication to parents.</p> <p>The plan should be updated as information changes, at least annually.</p> <p>PLEASE NOTE...</p>
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Infection Control - Child's Name is more vulnerable to infections	
General	Avoid sharing...
Hand hygiene	
Other students/children/teachers/visitors	
Environmental risks	

Respiratory - Child's Name may have symptoms which are not contagious to others	
General	
Usual symptoms	
When Unwell	

Nutrition and Digestion - Child's Name has digestive issues that need to be considered	
General	
Diet/lunchbox	
Enzymes	
Toilet	

Dehydration - Child's Name may get dehydrated, especially when exercising or in hot weather	
Prevention	
Signs	
Management	Contact parents if concerned

Please contact Cystic Fibrosis WA at education@cfwa.org.au or on **08 6224 4100** to update plan or to request more information on the management of CF at your school.

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Medication Administration Plan	
Enzymes	
Salt	
Other	

Exercise - Child's Name may have extra needs while exercising	
Limitations	
Before exercise	
During exercise	
After exercise	

SAMPLE

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