CYSTIC FIBROSIS Western Australia

Perth Children's Hospital

CF Fact

cystic fibrosis fact sheet

Meal & Enzyme Plan

Week Starting: _____

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	Meal	ENZYMES	Meal	ENZYMES	Meal	ENZYMES	Meal	ENZYMES	Meal	ENZYMES	Meal	ENZYMES	Meal	ENZYMES
Breakfast														
Snack														
Lunch														
Snack														
Dinner														
Snack														