

Carers

Who is a Carer?

A carer includes anyone who takes on a caring role of someone with a disability or illness. Caring may include help and support in any of the daily activities of the person being cared for.

Commonly, carers are responsible for the management of medications, and provide emotional, social or financial support.

If you are caring for someone with CF, you are considered a carer, and are entitled to access various supports. Carers may be parents, grandparents, partners, siblings, offspring and other.

Cystic Fibrosis WA (CFWA)

CFWA offer a range of support services to carers, including:

- [Parents and Other Carers](#) webpage with carer stories and information for CF carers including parents, grandparents, partners, siblings and offspring.
- A range of annual [respite events](#) designed to engage and connect carers.
- [Community Support Workers](#) who can provide in-home assistance with airway clearance, routines, practical support and occasional respite for carers.
- [Calm Kids Happy Families Program](#). Our Occupational therapist can provide support and guidance to families.
- [Social Workers](#) available for



- assistance with general support and guidance.
- [Hospital Care Packs](#) for inpatients. Hospital visits from the CFWA team can be arranged on request to offer carer support.
- [Subsidies](#) to assist with the costs associated with caring for someone with CF.
- [School and community CF education](#).
- Support to [regional families](#) including outreach visits for education and social events.
- A huge range of [information resources](#).

Carers WA

[Carers WA](#) offer a range of services, including:

- Counselling
- Workshops
- Emotional and social support
- Young Carers program
- Carers retreat and more.

Centrelink Services

Centrelink have a few allowances which some carers may be eligible to access:

- [Carer Allowance](#): When a child is born with CF, the parent/s automatically become eligible for the carers allowance if you are an Australian resident.
- [Carer Payment](#): An income tested benefit. The recipient must reach a qualifying score to determine eligibility.
- [Carer Supplement](#): An annual \$600 payment for recipients of Carer Allowance or Carer Payment for each person supported.
- [Carer Adjustment Payment](#): If there are exceptional circumstances and extreme hardship you may be eligible for the Carer Adjustment Payment which allows a one-off payment of up to \$10,000.

Other Support Organisations for Carers

- [Young Carers Program \(Carers WA\)](#)- Support for young carers aged 8-25, including social and wellness events and peer support groups.
- [Little Dreamers](#)- Australia's leading Young Carer organisation, offering dream experiences, mentoring and tutoring programs, support and more.
- [Kalparrin](#)- Based in PCH, they support families raising children with additional needs to access information, services, peer support, in-hospital support and fun events.

Useful Resources

- [Parents and Other Carers \(CFWA\)](#)
- [Carer Gateway](#)
- [Young Carers Network](#)
- [CFWA Factsheets](#)

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