

## Nourishing Drinks

Name	Brand	Flavours	Availability
<b>Powdered Supplements</b>			
Milk powder	Any brand		Supermarket
Sustagen	Nestle	Chocolate, vanilla	Supermarket
Sustagen Hospital Formula	Nestle	Chocolate, vanilla, neutral	Pharmacy
Ensure	Abbott	Chocolate, vanilla	Pharmacy
Scandishake	Nutricia	Vanilla	Dietitian
<b>Ready to drink 'milky' supplements</b>			
Up & Go and Up & Go Protein Energise	Sanitarium	Variety	Supermarket
Sustagen Ready to Drink	Nestle	Chocolate, vanilla	Supermarket
Rokeby Farms Breakfast Smoothie	Rokeby Farms	Banana, chocolate, espresso	Supermarket
Fortisip Compact Protein	Nutricia	Mocha, strawberry, neutral, vanilla	Dietitian
Fresubin Energy	Fresenius Kabi	Chocolate, vanilla, cappuccino	Dietitian
Fresubin 2kcal (with or without fibre)	Fresenius Kabi	Chocolate, vanilla, neutral, lemon, apricot-peach, cappuccino	Dietitian
<b>Ready to drink 'juicy' supplements</b>			
Resource Ultra	Nestle	Apple, orange	Dietitian
Fortijuice	Nutricia	Apple, forest fruit, tropical	Dietitian
Resource Fruit Beverage	Nestle	Wildberry, orange, peach	Dietitian

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