



# **Clinical Holding**

### What is Clinical Holding?

The positioning of a child or young person so that a medical procedure can be carried out in a safe and controlled manner, wherever possible with the consent or assent of the child and / or parent / guardian.

### Who is involved in Clinical Holding?

Clinical holding is a secure comfort position that helps the patient feel safe and secure during medical procedures. Remaining calm and still during a procedure helps prevent injury. As patients often feel safest with their caregiver, we encourage collaborating with health care professionals to assist in performing medical procedures and interventions.

### What are the risks?

Ineffective clinical holding can result in increased distress for patients, families and healthcare professionals. It can also lead to unsuccessful completion of the procedure.

### **Benefits of Clinical Holding:**

- Provide comfort
- Promote relaxation
- Reduce pain
- Minimise distress
- Maximise comfort
- Caregiver participation

### When to consider a Clinical Hold:

- Taking bloods
- Line insertion
- Nasogastric tube insertion
- Dressing change
- Oxygen application
- Vaccinations
- Subcut / intramuscular injections

Collaboration

Equity

- Port needle / de needle
- Finger / heel prick

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Compassion
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Respect

Accountability





### Who to contact?

If you have any concerns or questions related to Clinical Holding, please contact:

- PCH KKIND on vocera
- PCH.KKIND@health.wa.gov.au

## This document can be made available in alternative formats on request for a person with a disability.

#### **Child and Adolescent Health Service**

15 Hospital Avenue, Nedlands, WA, 6009

Telephone: (08) 6456 2222

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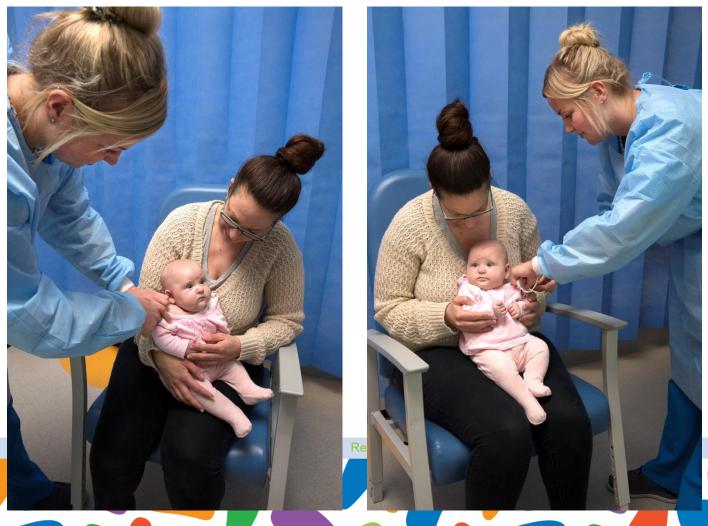
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## **Clinical Hold: Infant**









## **Clinical Hold: Infant**

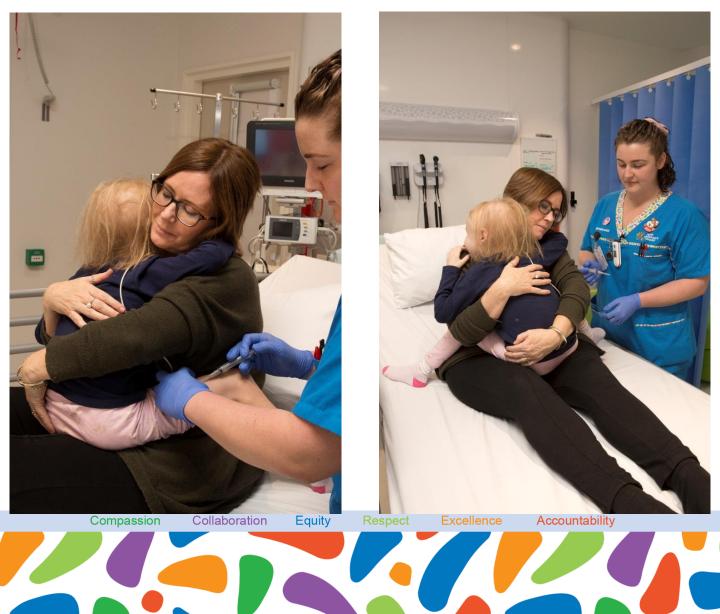








## **Clinical Hold: Child**









# Hold: Child

## Clinical







## **Clinical Hold: Adolescent**

