



Clinical Holding

What is Clinical Holding?

The positioning of a child or young person so that a medical procedure can be carried out in a safe and controlled manner, wherever possible with the consent or assent of the child and / or parent / guardian.

Who is involved in Clinical Holding?

Clinical holding is a secure comfort position that helps the patient feel safe and secure during medical procedures. Remaining calm and still during a procedure helps prevent injury. As patients often feel safest with their caregiver, we encourage collaborating with health care professionals to assist in performing medical procedures and interventions.

What are the risks?

Ineffective clinical holding can result in increased distress for patients, families and healthcare professionals. It can also lead to unsuccessful completion of the procedure.

Benefits of Clinical Holding:

- Provide comfort
- Promote relaxation
- Reduce pain
- Minimise distress
- Maximise comfort
- Caregiver participation

When to consider a Clinical Hold:

- Taking bloods
- Line insertion
- Nasogastric tube insertion
- Dressing change
- Oxygen application
- Vaccinations
- Subcut / intramuscular injections
- Port needle / de needle
- Finger / heel prick



Who to contact?

If you have any concerns or questions related to Clinical Holding, please contact:

- PCH KKIND on vocera
- PCH.KKIND@health.wa.gov.au

This document can be made available in alternative formats on request for a person with a disability.

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Produced by KKIND

Ref: © CAHS 2019



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Clinical Hold: Infant





Clinical Hold: Infant





Clinical Hold: Child



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Collaboration

Equity

Respect

Excellence

Accountability



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Clinical Hold: Adolescent



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