## CF FACTS



Fundraising events are a great opportunity to share knowledge and awareness of cystic fibrosis (CF). Here are some facts you can share when promoting your fundraiser, every bit of awareness helps!

## **Quick CF Facts**

- Cystic fibrosis (CF) is a recessive genetic condition which primarily affects the respiratory and digestive systems
- In Australia, 1 in 25 people carry the CF gene that's more than 1 million people
- In people who have CF, mucus in the body becomes thick and sticky and builds up in organs such as the lungs and pancreas
- Treatment can take between 1 hour to 4 hours a day and include medications, physiotherapy, exercise and a high calorie diet.
- Currently there is no cure for CF

## How the Funds Help

**\$50** Can fund a newly diagnosed welcome kit for new parents

\$100 Can provide counselling support to someone with CF in crisis

**\$200** Can provide education support to teachers of students with CF

**\$500** Can contribute to our vital home care service

**\$1,500** Can fund a nebuliser for a child with CF to take antibiotics

**\$2,000** Can make a significant contribute to a critical CF research project

## **How Cystic Fibrosis WA Helps**

CFWA is a not-for-profit organisation that provides essential support services and funds critical research to improve the lives of children and adults living with CF in WA.

We provide a range of services for CF families including; home and hospital support, community education and counselling. We also contribute to vital CF research being undertaken here and around the world.