

# CF

## Transplant Services

Cystic Fibrosis WA (CFWA) is a not-for-profit community-based organisation that works closely with the hospital respiratory teams to deliver essential services and support for people with cystic fibrosis (CF) and their families. Membership of CFWA is free and you can sign up here:

[www.cfwa.org.au](http://www.cfwa.org.au)

**We can provide support to individuals both pre and post-transplant, including, but not limited to:**

- Assistance at home with airway clearance, exercise or light cleaning
- Counselling, life coaching and other support as needed
- Buddy program to link up with a transplant recipient
- Annual dinner for post-transplant recipients and their partners
- Subsidies (subject to availability)  
[www.cfwa.org.au/what-we-offer/subsidies-equipment](http://www.cfwa.org.au/what-we-offer/subsidies-equipment)



# Transplant information and resources

[www.cfwa.org.au/what-we-offer/resources](http://www.cfwa.org.au/what-we-offer/resources)

## Fact Sheets

Information on what to expect pre and post lung transplant and other relevant CF information

## Positive Profiles

15 personal stories of West Australians that have had lung transplants

## CF Food & CF Cooking

Nutritional information for people with CF, including pre and post lung transplant

## CF Fit

CF exercise resources including motivation tips and exercise ideas (should be used in consultation with your CF team)

## Find us on social media



[www.facebook.com/cysticfibrosiswa](http://www.facebook.com/cysticfibrosiswa)



[www.instagram.com/cysticfibrosiswa](http://www.instagram.com/cysticfibrosiswa)